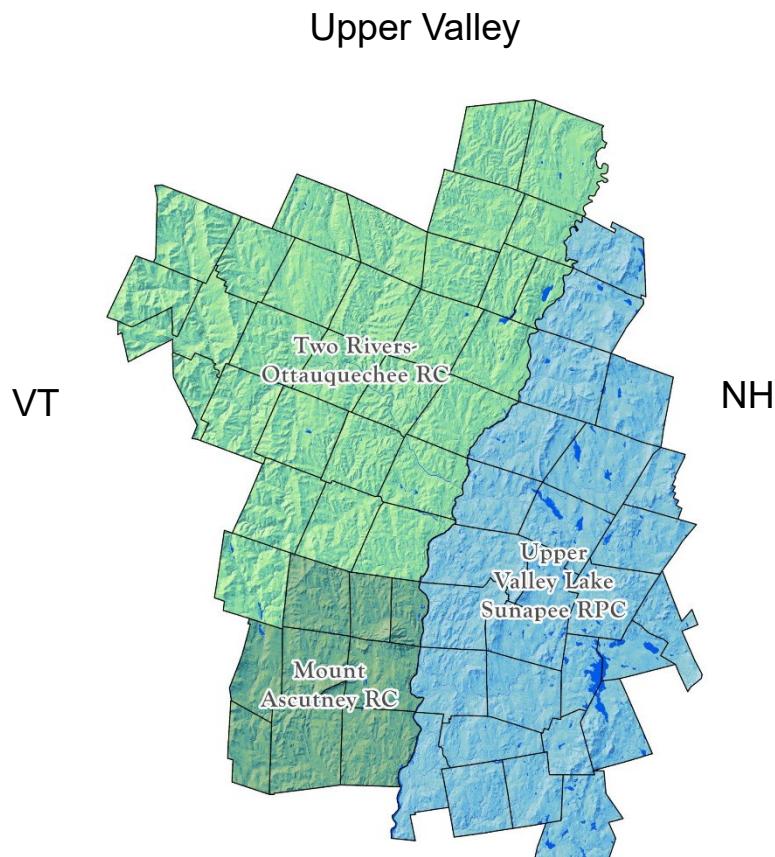

SENIOR HOUSING IN THE UPPER VALLEY NEW HAMPSHIRE and VERMONT



**Compiled by Cornish Aging In Place (CAIP)
In partnership with the Dartmouth Health Aging Resource Center**



CAIP is an organization of residents volunteering to support Cornish seniors
<https://cornish.nh.gov/cornish-aging-in-place/>, Jan Lord (603) 558-1354

Senior Housing in the Upper Valley

This Senior Housing Resource List was updated by Marina Weidner and Janet Lord, members of Cornish Aging in Place Committee, for the purpose of providing Seniors in our community with a resource for finding senior housing options if and when they are needed.

We would like to extend special thanks to the Dartmouth Health Aging Resource Center, Lebanon NH, for kindly providing us a copy of their listing which we then updated. Our intent is to update this list annually with the help of The Dartmouth Health Aging Resource Center (agingcenter@Hitchcock.org), and other participating partners. We also expect and hope this list will be used by other agencies and organizations who help seniors in search of housing options when they choose not to or cannot remain in independent living in their own homes.

Changes happen frequently so please be sure to contact any facility directly that you are interested in for their most up-to-date information AND PLEASE PLAN AHEAD.

You may find this list at:

- CAIP webpage: <https://cornish.nh.gov/cornish-aging-in-place/>
- By contacting CAIP Jan Lord (Jblord_2007@comcast.net)
- DHMC agingcenter@Hitchcock.org

This list is compiled into two sections:

1. Definitions, and
2. Care Facilities

SECTION 1: DEFINITIONS

To qualify for assisted living in New Hampshire, individuals must be at least 18 years old, require assistance with daily activities, and have a medical condition that can be supported by the facility's staff. They must also be medically stable and capable of self-evacuating or have their needs met by staff equipped for their specific situation. Financial eligibility varies based on the payment source, such as Medicaid's Choices For Independence (CFI) program or private pay.

Eligibility requirements

- **Age:** Must be 18 years of age or older.
- **Need for assistance:** Requires help with activities of daily living (ADLs) like bathing, dressing, or medication management, but does not need 24-hour skilled nursing care for more than 21 days.
- **Medical stability:** Must be medically stable and able to evacuate the building without assistance, unless the facility is equipped to handle the resident's specific needs.
- **Health assessment:** A health assessment is required to determine if the facility can meet the resident's needs. This may include a cognitive and functional assessment to evaluate their ability to perform ADLs and mental health status.

Financial requirements

- **Private pay:** There are no income or asset limits for private pay residents.
- **Medicaid (Choices For Independence - CFI):** To qualify for the CFI program, which helps cover the costs of assisted living, a person must meet the following financial criteria as of 2025:
 - Gross monthly income of no more than \$2,901.
 - Assets of no more than \$2,500.
- **Income:** The 2025 income limit for assisted living is \$2,742 per month for single applicants and \$2,742 per month for a spouse.
- **Assets:** The asset limit is \$2,500 for single applicants.
- **Other programs:** Other programs may have different eligibility requirements, such as the Title XX program, which has a monthly income limit of \$1,600.20 per person.

Note

- It's important to note that New Hampshire Assisted Living facilities cannot provide 24-hour nursing care to any resident for more than 21 days.
- Residents who need 24-hour skilled nursing care may qualify for a different level of care.

Activities of Daily Living (ADLs) are used as a measure of determining level of care needed, and whether someone is eligible for long-term care benefits. Inability to perform at least two ADL's without hands-on assistance would typically qualify a person for long-term care benefits. Below is a list of ADL's which are generally assessed at all care facilities.

Activities of daily living (ADLs)

1. Bathing – ability to clean oneself, get in and out of shower or bath, and perform other activities of personal hygiene such as shaving or brushing one's teeth.
2. Eating – feeding oneself by getting food into the body from a receptacle such as a plate, cup, or table, by a feeding tube, or intravenously.
3. Dressing – ability to put on clothes, and not struggle significantly with common clothing accessories such as buttons or zippers. This also includes putting on and taking off all items of clothing and any necessary braces, fasteners, or artificial limbs.
4. Transferring – ability to walk and get in and out of bed, or chair.
5. Toileting – ability to use and get on and off the toilet and performing associated personal hygiene.
6. Continence – ability to control one's bladder and bowel functions, or, when unable to maintain control of bowel or bladder function, the ability to perform associated personal hygiene, including caring for a catheter or colostomy bag.

Care Facilities Levels of Care:

Independent Living

An independent living community is a senior living community that caters to active adults, typically older than age 60, who can care for themselves. Amenities often include swimming pools, outdoor walking paths, gathering spaces, fitness centers, social outings.

The monthly cost typically includes an apartment, utilities, security services, and access to amenities.

Residents in independent living communities take care of themselves without support. These communities do not have onsite caregivers around the clock. Instead, they typically have a nurse on site a few days per week to help with questions or conduct screenings.

Assisted Living

Assisted living is for people who need help with daily care, but not as much help as a nursing home provides. Assisted living facilities range in size from as few as 25 residents to 100 or more. Typically, a few levels of care are offered, and residents pay more if they need extra services or special care. They are active and feature amenities such as shared spaces, fitness programs, and group activities.

The monthly cost typically includes an apartment, utilities, three meals a day, events and activities, and access to amenities. In addition, residents benefit from having caregivers onsite for personalized assistance 24 hours a day, transportation, housekeeping, and laundry services. Additional care or support might require added fees.

These communities have caregivers on staff and a team of nurses and employees in leadership roles. Caregivers and nurses help with activities of daily living, medication management, and emergency response.

Memory Care

Memory care communities are specially designed for adults living with Alzheimer's disease or another type of dementia. They have features that meet the challenges of cognitive impairment. These communities can be licensed as either an assisted living community (which is the most common) or a nursing home, and they employ staff members who take hours of specialized training about dementia care best practices.

Memory care communities typically cost more than an assisted living community but less than a nursing home. Monthly costs include room and board, utilities, three meals per day, activities and events, transportation, housekeeping, and laundry. Residents also enjoy nurses and caregivers on staff around the clock to assist with activities of daily living and maintain the natural rhythms and routines of the day that help to build confidence and comfort.

Nursing Home/Skilled Nursing Facility

A nursing home is a licensed facility that provides access to 24-hour-a-day nursing care and maintenance or personal care by a trained or certified staff member under nurse supervision. Nursing homes also provide medical care, therapy, and other health-related services. Nursing homes (sometimes called skilled nursing facilities or SNFs) can also be a good fit for adults who need more clinical medical interventions. Skilled care can include wound care, catheter or feeding tube care, IV care, pain management, or complex disease management.

You might consider a nursing home environment if you have had a recent surgery, procedure, or hospital stay and need inpatient therapy and medical monitoring to recover successfully before heading back home.

Residential Care

Residential care communities, also known as senior care communities, are small private residences with typically fewer than 20 residents. This nursing home alternative provides a home-like environment and non-institutional services to seniors who do not need 24-hour nursing care. They offer personal care assistance with activities such as grooming and assistance with other daily needs, along with meal services.

Key Features of Residential Care Communities:

- **Small Community Size:** Usually housing 3-20 residents.
- **Home-Like Environment:** Often converted single-family homes in suburban areas.
- **Shared Spaces:** Rooms may be private or semi-private, with shared bathrooms and communal living and dining areas.
- **Personal Care Services:** Assistance with daily activities without constant medical supervision.

These small private facilities usually have 20 or fewer residents. Rooms may be private or shared. Residents receive personal care and meals, and staff are available around the clock. Nursing and medical care usually are not provided at the home.

Continuing Care Retirement Community

A continuing care retirement community, sometimes called a CCRC or life plan community, is a senior living community that offers every senior living solution on one sprawling campus. This means you will find independent living, assisted living, memory care, and nursing home care in a CCRC. Having all senior living options on one campus can help reduce transition trauma if the senior needs to move to another level of care.

In many cases, people must pay for nursing home care themselves. Medicare generally doesn't cover long-term stays in a nursing home, but it may pay for some related costs, such as doctor services and medical supplies. Medicaid may also cover some of the costs of nursing homes for people who are eligible based on income and personal resources. If the older person has long-term care insurance, the policy may include some coverage for nursing home care. Check with the insurance company for details.

How are Assisted Living Levels of Care Defined?

While assisted living communities vary in their definitions of levels of care, most classify residents as needing one of three levels of care:

Level 1: basic or low-care needs

Level one care might include a wake-up visit in the morning and simple reminders throughout the day, says [Lisa Perla, R.N.](#), an executive director at Heritage Hill Senior Community.

Residents who receive level one care may also need a little supervision as they complete ADLs, but don't require hands-on help. As residents need more direct help with additional ADLs, they move to level two.

Level 2: intermediate or medium-care needs

An assisted living resident who's receiving level two care typically needs help with at least one ADL, such as bathing or dressing. They may also receive a combination of supervision and hands-on help with more than one ADL.

Level 3: advanced or high-care needs

At level three, assisted living residents need help with most or all ADLs, and often need help from more than one caregiver. Residents either need supervision to complete most, or all their ADLs or caregivers must complete them for the resident.

Section 2: SENIOR HOUSING

CARE FACILITIES

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Hanover Terrace Health and Rehabilitation Center*

Address: 49 Lyme Road, Hanover, NH 03755

Tel: (603) 643-2854

Website: <http://hanover-health.com>

Contact Person: Kelly Hunold or Patrick Lyons

Capacity of units: 100

Cost: Private Pay: \$455.70 per day, Double Occupancy: \$432.6 per day.

Services Provided:

Residential Care-24-hour Comprehensive Nursing Care

Rehabilitation Care-Both Long- and Short-Term Rehab Care

Post-Acute Services include medically complex treatment for patients recovering from surgical procedures or medical events.

Respite Care

Memory Care-Long Term Memory Care Unit

Hospice Care

Palliative Care

Insurance Accepted: Medicare, Medicaid, Most Private Insurance Plans

Wait Time: No current wait time

Transportation to Appointments: Will set up transport for medical appointments with Golden Cross Ambulance Service.

Harvest Hill Assisted Living Community

Address: 23 Alice Peck Day Drive, Lebanon, **NH** 03766

Tel: (603) 308-0024 or (603) 308-0475

Website: <https://apdlifecare.org/harvest-hill/>

Contact Person: Carol Kolenski

Email: kolenskic@apdmh.org

Capacity of units: 159

Cost Per Month: Studio: \$5,500, Large Studio: \$6,950, 1 Bedroom: \$9,500
2 Bedroom: \$11,000, Deluxe: \$14,000, Second Person: Additional \$1,568

Services Provided:

Assisted Living

Hospice Care

Palliative Care

Insurance Accepted: Private Long Term Care Insurance

Wait Time: 6-12 months

Transportation to Appointments: Yes

Kendal at Hanover*

Address: 67 Cummings Road, Hanover, **NH** 03755-1263

Tel: (603) 643-8900

Website: <http://kah.kendal.org>

Contact Person: Admissions Contacts are Gillian Bouchard and Lisa Stone

Email: info-kahome@kahome.Kendal.org

Capacity of units: 250 Independent Living, 100 Assisted Living

Cost: Monthly fees \$4,088-\$7,638. There are also entry fees ranging from \$207,306 to \$717,291. Cost dependent on size of unit.

Services Provided:

Independent Living

Assisted Living

Memory Care

Hospice Care

Palliative Care

Insurance Accepted: Independent Living: Medicare Part A and Medicaid Plan B Supplemental Assisted Living: Private Pay Only

Wait Time: Independent Living: 3-4 years, Assisted Living: 6-12 months

Transportation to Appointments: Yes

McCoy Home for the Elderly*

Address: 1016 John Stark Hwy, Newport, **NH** 03773

Tel: (603) 543-1255

Website: <http://assistedlivinginnhcom.nxg.superpageshosting.com/mccoyhome.nxg>

Contact Person: Tammy Desilets (Administrator)

Email: mccoy@assistedlivinginnh.com

Capacity of units: 16

Cost: Base Monthly Rate: \$3,500 to \$4,600 for Private Room, \$3,000 for Semi-Private, Additional costs, Depending on Services Needed

Services Provided:

Assisted Living

Residential Care

Memory Care

Hospice Care

Palliative Care

Insurance Accepted: Medicaid and Private Long Term Care Insurance

Wait Time: 3-6 months

Transportation to Appointments: Yes

On the Greens Residential Care Facility*

Address: 412 Dartmouth College Hwy, Haverhill, **NH** 03765

Tel: (603) 989-5545

Contact Person: Janice Estes

Capacity of units: 11

Cost: Sliding Scale, Average cost is \$6,090 per month

Services Provided:

Residential Care-24 Hour Care in Private Home

Memory Care

Hospice Care

Insurance Accepted: Medicaid and Private Pay

Wait Time: No current wait time

Transportation to Appointments: Yes

Pine Rock Manor-Memory Care Facility*

Address: 3 Denny Hill Rd, Warner, NH 03278

Tel: (603) 456-3181

Website: <http://www.pinerockmanorseniorliving.com>

Contact Person: Alyssa Tarleton (Executive Director)

Email: alyssatar@merrillgardens.com

Capacity of units: 62

Cost: Average monthly cost is \$9,000 (\$7,000 for room, \$2,000 for care)

Services Provided:

Assisted Living

Respite Care

Memory Care

Hospice Care

Palliative Care

Insurance Accepted: Medicare, Long Term Care Insurance, and Private Pay (No Medicaid beds available)

Wait Time: No current wait time

Transportation to Appointments: Yes

Quail Hollow Senior Living Community

Address: 69 Lily Lane, West Lebanon, **NH** 03784

Tel: (603) 653-3000

Admissions: (603) 653-3002

Website: <https://www.summitseniorliving.net/rental-properties/quail-hollow-senior-living/>

Contact Person: Shannon Becker (Community Manager)

Email: quailasstmgr@summitpmg.com

Capacity of units: 232

Cost: Monthly Rent \$1,035-2,200 (utilities included)

1 or 2 Bedroom Apartments

Services Provided:

Independent Living

Insurance Accepted: Accepts Lebanon Housing subsidies, No insurance accepted

Wait Time: 1-2 Years

Transportation to Appointments: Yes

Silver Maples Residential Care*

Address: 5 Winter St, Claremont, **NH** 03743

Tel: (603) 543-3628

Website: <http://www.silvermaplesnh.com>

Contact Person: Brenda Jatco

Email: brenda@healinghearthhome.com

Capacity of units: 11

Cost: Base Monthly Rate = \$6,000 or \$7,000 depending on level of care
(2 Tiers)

Services Provided:

Residential Care

Memory Care

Hospice Care

Insurance Accepted: Limited Medicaid and Medicare Beds, Private Long Term Care Insurance

Wait Time: No current wait time

Transportation to Appointments: Yes

Silver Brook Residential Care *

Address: 164 Old Springfield Road, Charlestown, **NH** 03603

Tel: (802) 395-1105

Website: <https://silverbrooknh.com/home>

Contact Person: Brenda Jatco

Email: brenda@healinghearthhome.com

Capacity of units: 11

Cost: Base Monthly Rate = \$6,000 or \$7,000 depending on level of care
(2 Tiers)

Services Provided:

Residential Care

Memory Care

Hospice Care

Insurance Accepted: Limited Medicaid and Medicare Availability, Private Long Term Care Insurance

Wait Time: No current wait time

Transportation to Appointments: Yes

Sunapee Cove Assisted Living and Memory Care

Address: 1250 Route 1, Sunapee, **NH** 03751

Tel: (603) 763-0566

Website: <https://sunapeecove.com/>

Contact Person: Sarah Reynolds (Marketing Director)

Email: sreyolds@hallkeen.com

Capacity of units: 55 Units

Cost: Monthly cost starts at \$6,400 for one bedroom unit, 2-bedroom unit \$7,900. Additional cost for upgraded care.

Services Provided:

Assisted Living

Rehabilitation Care

Respite Care

Memory Care

Hospice Care

Insurance Accepted: Private Long Term Care Insurance, VA Benefits, Financial Assistance (Bridge Loans)

Wait Time: No current wait time

Transportation to Appointments: Yes

Sullivan County Health Care*

Address: 5 Nursing Home Drive, Unity, **NH 03743**

Tel: (603) 542-9511 (for admissions, extension 5)

Website: <https://www.sullivancountynh.gov/152/Sullivan-County-Health-Care>

Contact Person: Kelly Thibodeau (Director of Business/ Community Development)

Tel: 603-542-9511, ext. 292

Email: kthibodeau@sullivancountynh.gov

Capacity of units: 156

Cost: Private Room= \$430 per day, Semi-Private Room = \$400 per day

Services Provided:

Assisted Living

Memory Care

Hospice Care

Palliative Care

Insurance Accepted: Medicare, Medicaid, Private Long Term Care Insurance (United Health is not a participating plan)

Wait Time: Highly Variable

Transportation to Appointments: Yes

Summercrest Senior Living Community

Address: 169 Summer St, Newport, **NH** 03773

Tel: (603) 863-8181

Website: <http://www.summercrest.net>

Contact Person: Diane Way

Tel: Tel: (603) 863-8181 ext. 309

Email: dway@summercrest.net

Capacity of units: 81 (18 in memory care)

Monthly Cost:

Independent Living Program

Shared Suite \$4,395

Studio \$5,195 - \$5,565

One Bedroom \$6,175 - \$6,895

Two Bedroom \$7,575

Second Occupant \$1,000

Assisted Living Program

Shared Suite \$5,825

Studio \$6,675 - \$6,885

One Bedroom \$8,095 - \$8,795

Two Bedroom \$9,525

Second Occupant \$1,795

Additional Personal Care \$500

Services Provided:

Independent Living

Assisted Living

Respite Care-2 Week Minimum

Memory Care

Hospice Care

Insurance Accepted: Private Long Term Care Insurance (1-year private pay, then able to transition to NH CFI Program)

Wait Time: No current wait time

Transportation to Appointments: Yes (within a 25-mile radius)

Westboro House*

Address: 11 Elm Street West, West Lebanon, **NH** 03784

Tel: (603) 298-8326

Website: <https://westborohouse.net/>

Contact Person: Brenda Jatko

Email: hello@westborohouse.net

Capacity of units: 12

Cost: Monthly cost: \$6,968-\$9,186, depending on level of care

Services Provided:

Residential Care

Memory Care

Respite Care

Hospice Care

Palliative Care

Insurance Accepted: NH Medicaid, Private Long Term Care Insurance

Wait Time: Variable

Transportation to Appointments: Yes

Wheelock Terrace Premier Assisted Living and Memory Care*

Address: 32 Buck Rd, Hanover, **NH** 03755

Tel: (603) 676-7916

Website: <http://www.wheelockterrace.com>

Contact Person: Kristie Daigneault (Executive Director)

Tel: (603) 643-7290

Email: kdaigneault@terracecommunities.com

Capacity of units: 70

Monthly Cost: Ranges from \$9,600 to \$12,950, depending on level of care

Services Provided:

Assisted Living

Respite Care

Memory Care

Rehabilitation Care

Hospice Care

Palliative Care

Insurance Accepted: Private Pay for first 2 years required, Medicaid and Long-Term Care Insurance after 2-year period

Wait Time: Sometimes immediate, at other times short wait period

Transportation to Appointments: Yes

Woodcrest Village Assisted Living*

Address: 356 Main St, New London, **NH** 03257

Tel: (603) 526-2300

Website: <http://woodcrestvillage.com>

Contact Person: Bethany Brenner (Executive Director)

Email: info@woodcrestvillage.com

Capacity of units: 44

Cost: Average monthly cost is \$11,500

Services Provided:

Assisted Living

Respite Care

Memory Care

Hospice Care

Insurance Accepted: Long Term Care Insurance, Private Pay

Wait Time: Can be immediate, depending on needs

Transportation to Appointments: Yes (Local)

The Woodlands

Address: 30 Alice Peck Day Drive, Lebanon, **NH** 03766

Tel: (603) 308-0072

Website: <https://apdlifecare.org/the-woodlands/>

Contact Person: Carol Kolenski (Marketing Director)

Phone: [603-308-0475](tel:603-308-0475)

Email: KolenskiC@apdmh.org

Capacity of units: 66

Cost: 2 Bedroom Buy-In \$690,000 and \$4,943 per month fee after buy-in

Services Provided:

Independent Living

Insurance Accepted: Private Pay Only, No Insurance Accepted

Wait Time: 4-7 years

Transportation to Appointments: Yes

Woollawn Care Center*

Address: 84 Pine St, Newport, **NH** 03773

Tel: (603) 863-1020 Ext 109

Website: <http://www.woollawnicarecenter.com>

Contact Person: Mary Jane Vigneault (Director)

Email: maryjane@woollawnicarecenter.com

Capacity of units: 53

Cost: Private room/board/nursing care = \$370 per day, Semi-private room/board/nursing care = \$335 per day

Services Provided:

Assisted Living

Memory Care

Rehabilitation Care

Respite Care

Hospice Care

Palliative Care

Insurance Accepted: Medicare, Medicaid, Private Pay, Long Term Care Insurance

Wait Time: No current wait time

Transportation to Appointments: Yes (for a fee)

Ascutney House*

Address: 5157 US-5, Ascutney, **VT** 05030

Tel: (802) 674-4328

Contact Person: Jennifer Silva

Tel: (802) 356-6717

Email: jsilva@brookwoodseniorcare.com

Capacity of units: 16

Cost: Shared bedroom: \$5,710 per month. Private Room: \$6,940 per month

Services Provided:

Residential Care

Respite Care

Memory Care

Insurance Accepted: Accepts Vermont Medicaid

Wait Time: No current wait time

Transportation to Appointments: Yes

Brookwood Estate*

Address: 2 School St, North Springfield, **VT** 05150

Tel: [\(802\) 886-2464](tel:(802)886-2464)

Contact Person: Jennifer Silva (Owner/Manager)

Tel: (802) 356-6717

Email: Email: jsilva@brookwoodseniorcare.com

Capacity of units: 18

Cost: \$5,000-\$6,000 per month, depending on level of care

Services Provided:

Assisted Living

Memory Care

Respite Care

Insurance Accepted: Accepts Vermont Medicaid and Private Pay

Wait Time: No Current Wait Time

Transportation to Appointments: Yes

The Village at Cedar Hill*

Address: 92 Cedar Hill Drive, Windsor, **VT 05089**

Tel: (802) 674-6609

Website: <https://www.cedarhillccc.com/the-village-at-cedar-hill>

Contact Person: Susan Spadaro (Executive Director)

Email: villageadmissions@cedarhillccc.com

Capacity of units: 40 (20 memory care units)

Cost:

The Village Assisted Living: \$5,209 to \$7,198 per month

Double Occupancy: Additional \$1,800/month

Prices may vary according to additional tiers of services

Judith Brogren Memory Care Center

Semi-Private Rooms: \$8,034 per month

Private Rooms: \$10,671 to \$10,777 per month

Services Provided:

Assisted Living

Short Stay Rehabilitation

Respite Care

Memory Care

Hospice

Insurance Accepted: Private Pay for first 3 years

Wait Time: 1 month wait time for Assisted Living, Longer wait time for Memory Care

Transportation to Appointments: Yes, within 20-mile radius

Cedar Hill Health Care*

Address: 49 Cedar Hill Drive, Windsor, **VT** 05089

Tel: (802) 674-6609 ext. 201

Website: <https://www.cedarhillccc.com/cedar-hill-health-care-nursing-home>

Contact Person: Brenda Fontaine

Email: bfontaine@cedarhillccc.com

Capacity of units: 39

Cost: Private Pay Rate for Private Room: \$420-435 per day, Semiprivate Room: \$413 per day

Services Provided:

Assisted Living

Short Stay Rehabilitation

Respite Care

Hospice Care

Insurance Accepted: Accepts Vermont Medicaid, Long Term Care Insurance, and Private Pay

Wait Time: No Current Wait Time

Transportation to Appointments: Yes

Davis Home*

Address: 45 State St, Windsor, **VT** 05089

Tel: (802) 674-5300

Website: <http://www.davishomevt.com>

Contact Person: Jennifer Silva

Email: jsilva@brookwoodseniorcare.com

Capacity of units: 18

Cost: \$5,000-\$6,000 per month, depending on level of care

Services Provided:

Residential Care

Respite Care

Memory Care

Insurance Accepted: Private Pay, Vermont Medicaid including Assistive Community Care Services (ACCS) and Choices For Care also known as enhanced residential care (ERC) residents.

Wait Time: No current wait time

Transportation to Appointments: Yes

Gill Odd Fellows Home*

Address: 8 Gill Terrace, Ludlow **VT 05149**

Tel: 802-228-4571

Website: <https://thegilloddfellowshomeofvermontinc.org/>

Contact Person: Maegan McElwain

Email: mmcelwain@gofhvt.net

Tel: 802 228-6857 (admissions)

Capacity of units: 46

Cost: \$4,000-\$9,000 depending on level of care, Average cost is \$6,500.

Private Pay: \$480 per day, \$14,400 per month.

Services Provided:

Assisted Living

Short Term Rehabilitation Care

Respite Care

Hospice Care

Memory Care

Insurance Accepted: Medicare, Medicaid, Approved Long Term Care Insurance, Private Pay

Wait Time: Currently a short wait time, can be highly variable

Transportation to Appointments: Yes

Historic Homes of Runnemede - Stoughton House*

Address: 40 Maxwell Perkins Lane, Windsor, **VT** 05089

Tel: (802) 674-6733

Website: <https://hhrliving.com/>

Contact Person: Samantha Tracey

Email: samantha.tracey@mahhc.org

Capacity of units: 27

Cost: Base cost is \$6,500 per month

Services Provided:

Residential Care

Short Stay Rehabilitation

Respite Care

Memory Care

Hospice Care

Insurance Accepted: Accepts Vermont Medicaid, Private Long Term Care Insurance

Wait Time: No current wait time

Transportation to Appointments: Yes, within a 25-mile radius

Historic Homes of Runnemede – Cox House

Address: 40 Maxwell Perkins Lane, Windsor, **VT** 05089

Tel: (802) 674-6733

Website: <https://hhrliving.com/cox-house/>

Contact Person: Samantha Tracey

Email: samantha.tracey@mahhc.org

Capacity of units: 7 (6 apartments and 1 studio)

Cost: \$1,100-1,200 per month

Services Provided:

Independent Living

Insurance Accepted: Private Pay, Insurance not accepted

Wait Time: Currently no availability, wait time approximately 6-12 months

Transportation to Appointments: Local transportation available by others

Historic Homes of Runnemede – Evarts House*

Address: 40 Maxwell Perkins Lane, Windsor, **VT** 05089

Tel: (802) 674-6733

Website: <https://hhrliving.com/evarts-house/>

Contact Person: Samantha Tracey

Email: samantha.tracey@mahhc.org

Capacity of units: 12

Cost: Private pay is \$6,500 per month, Medicaid cost varies

Services Provided:

Residential Care

Hospice Care (Limited)

Insurance Accepted: Accepts Vermont Medicaid, Private Long Term Care Insurance

Wait Time: No current wait time

Transportation to Appointments: Yes, within a 25-mile radius

Homestead, Inc.*

Address: 73 River St, Woodstock, VT 05091

Tel: (802) 457-1310

Website: <https://www.thehomesteadvt.org/>

Contact Person: Kerri Elkouh (Executive Director)

Email: director@thehomesteadvt.com

Capacity of units: 23

Cost: \$4,500/month

Applicants that have lived in Woodstock, Hartland, Barnard, Redding, Pomfret and Bridgewater area for the preceding five years or more are eligible for a sliding scale.

Services Provided:

Residential Care

Respite Care

Hospice Care

Insurance Accepted: Accepts Vermont Medicaid, Private Pay

Wait Time: No current wait time

Transportation to Appointments: Yes

Margaret Pratt Community*

Address: 210 Plateau Acres, Bradford, **VT** 05033

Tel: (802) 222-5554

Website: <https://www.margaretpratt.org/>

Contact Person: Jamie Rogers (Sales and Marketing Director)

Email: info@margaretpratt.org

Capacity of units: 48 (31 Assisted Living, 17 Memory Care)

Monthly Cost:

Assisted Living Program	Monthly Fees
Shared Suite	\$5,950 to \$6,470
One Bedroom	\$8,900 to \$9,650
Two Bedroom	\$9,680 to \$9,930
2nd person occupancy fee	\$1,750

The Gardens Memory Care Program

Semi-Private Suite	\$9,350
Private Suite	\$12,495 to \$12,810

Services Provided:

Assisted Living Memory Care

Respite Care Hospice Care

Insurance Accepted: Private Long Term Care Insurance, Medicare, Medicaid

Wait Time: Highly Variable

Transportation to Appointments: Yes

Mertens House (must be resident of Woodstock to qualify for entrance)

Address: 73 River Street, Woodstock, **VT** 05091

Tel: (802) 457-4411

Website: <https://www.mertenshouse.com/>

Contact Person: Heather Presch (Executive Director)

Email: info@mertenshouse.com

Capacity of units: 14

Cost: Daily Room Rate: \$410

Services Provided:

Assisted Living

Memory Care

Hospice Care

Palliative Care

Insurance Accepted: Private Pay

Wait Time: Variable

Morgan Orchards Senior Living Community at Gifford-Menig Nursing Home*

Address: 215 Tom Wicker Ln, Randolph Center, **VT** 05061

Tel: (802) 728-7800

Website: <https://morganorchards.com/nursing-home-care/about-menig/>

Contact Person: Kim Marcotte-Care Management/Admissions

Tel: (802) 728-7810

Capacity of units: 30

Cost: Base Pay of \$500/day (Semiprivate and Private Rooms available)

Average monthly cost is \$6,543

Services Provided:

Assisted Living

Memory Care

Hospice Care

Insurance Accepted: Vermont Medicaid, Long Term Care Insurance, Private Pay

Wait Time: Currently a long wait time, although it can be variable

Transportation to Appointments: Physicians provide treatment at the home.

Morgan Orchards Senior Living Community at Gifford-Strode Independent Living

Address: 89 Tom Wicker Lane, Randolph Center, **VT** 05061

Tel: (802) 728-7888

Website: <https://morganorchards.com/>

Contact Person: **Erin-Barry Fenton (Executive Director)**

Tel: (802) 728-7885

Email: ed@strodeindependliving.com

Capacity of units: 42

Cost Options:

- Entry Fee Program: This option involves a larger upfront payment, similar to purchasing a home. The entry fee may be partially refundable (80%, 50%, or 0%) upon moving out, depending on the chosen option and terms of the resident agreement. This option generally leads to a lower monthly service fee.
- Rental Fee Program: This option involves a monthly rental payment, similar to renting a traditional apartment, and does not require a large upfront entry fee. However, the monthly rental fee is higher than the monthly service fee associated with the Entry Fee Program. This program includes an annual lease agreement, a security deposit, and a one-time community fee

Services Provided:

Independent Living

Insurance Accepted: No insurance, Private Pay

Wait Time: Variable

Transportation to Appointments: No

Pleasant Street House

Address: 59 South Pleasant St, Randolph, **VT** 05060

Tel: (802) 728-5992

Contact Person: Michelle Sharron (Administrator)

Capacity of units: 3

Cost: Semi-Private Room: \$4,198 per month, Private Room: \$5,037 per month

Services Provided:

Residential Care

Memory Care

Rehabilitation Care

Respite Care

Insurance Accepted: Private Pay, Long Term Care Insurance

Wait Time: Variable

Transportation to Appointments: Yes

Riverbend Residential Care Home*

Address: 307 VT Route 110, Chelsea, **VT** 05038

Tel: (802) 685-2250

Website: <https://www.riverbendvt.com/>

Contact Person: Jennifer Doyle (Administrator)

Capacity of units: 22

Cost: Semi-Private Room: \$3,500 per month, Private Room: \$4,500 per month

*This is an estimated cost. Exact cost depends on needs and resources

Services Provided:

Residential Care

Respite Care

Memory Care

Hospice Care

Insurance Accepted: Choices for Care, Medicaid, Private Pay

Wait Time: Variable

Transportation to Appointments: Yes

Valley Terrace

Address: 2820 Christian St, White River Junction, **VT** 05001

Tel: (802) 280-1910

Website: <http://www.valleyterrace.net>

Contact Person: Keri-Ann Belloir (Executive Director)

Email: kbelloir@terracecommunities.com

Tel: (603) 995-1252

Capacity of units: 61

Cost: Starting price range \$8,500-\$12,500 per month

Services Provided:

Assisted Living

Memory Care

Respite Care

Rehabilitation Care

Hospice Care

Insurance Accepted: First 2 years are Private Pay, Long Term Care

Insurance and Private Pay after 2 years

Wait Time: Variable, Memory Care has longer wait time 6 months-1 Year

Transportation to Appointments: Transportation included, up to 4 times a month

Valley View at Cottage Street (Memory Care Facility)*

Address: 92 Cottage Street, Bradford, Vermont 05033

Tel: (802) 333-4829

Website: <https://www.vvhome.org/>

Contact Person: Dylan Pushee (Admissions)

Email: admin@vvhome.org

Capacity of units: 13

Cost: Private Pay: \$8,600 per month (all inclusive)

With Medicaid: \$800-\$900 per month

Services Provided:

Residential Care

Memory Care

Hospice Care

Palliative Care

Insurance Accepted: Vermont Long-Term Medicaid (95% of units are Medicaid, no requirement for private funds prior to insurance).

Wait Time: Variable

Transportation to Appointments: Yes

The Village at White River Junction

Address: 101 Currier Street, White River Junction, **VT** 05001

Tel: (802) 295-7500

Website: <http://www.thevillageatwrj.com>

Contact Person: Tammy Latvis

Email: latvistammy@thevillageatwrj.com

Capacity of units: 80 (50 Assisted Living Apartments, 30 Memory Care Apartments

Cost: Assisted Living:

1 BR starting at \$11,995/month, all inclusive

1 BR DELUXE starting at \$13,495/month, all inclusive

2 BR starting at \$14,995/month, all inclusive

Memory Care:

Starting at \$13,695/month, all inclusive

Services Provided:

Assisted Living

Memory Care

Hospice Care

Palliative Care

Insurance Accepted: Private Pay, Long Term Care Insurance

Wait Time: Variable, possibly only 1 week

Transportation to Appointments: Yes

Willows of Windsor*

Address: 121 State Street, Windsor, VT 05089

Tel: (802) 674-5534

Contact Person: Lauri Griswold (Owner)

Capacity of units: 16

Cost:

- **Private Room:** \$2,040 per month (lowest cost option).
- **Shared Bedroom:** \$3,500 per month.
- **Private Room (higher level of care):** \$4,500 per month.

Services Provided:

Residential Care

Respite Care

Memory Care

Hospice Care

Insurance Accepted: Vermont Medicaid/Medicare

Wait Time: No current wait time

Transportation to Appointments: Yes, up to 4 times per month

Woodstock Terrace

Address: 456 Woodstock Road, Woodstock, **VT** 05091

Tel: (802) 332-0185

Website: <http://www.woodstockterrace.com>

Contact Person: Keri-Ann Belloir (Executive Director)

Email: kbelloir@terracecommunities.com

Tel: (603) 995-1252

Capacity of units: 42

Cost: Starting price range \$8,600-\$13,500

Services Provided:

Assisted Living

Memory Care

Respite Care

Rehabilitation Care

Hospice Care

Insurance Accepted: First 2 years are Private Pay, Long Term Care Insurance and Private Pay after 2 years

Wait Time: Variable, Can be Immediate

Transportation to Appointments: Yes, up to 4 times per month

Subsidized Independent Living

Eligibility is income-based, and rent is calculated at a rental rate meant to accommodate people with low-income levels; may include most utilities. Most have a limited number of apartments reserved for seniors.

Claremont Housing Authority, Claremont, 603-542-6411

Lebanon Housing Authority, Lebanon, W. Lebanon, 603-298-5753

Stewart Property Management, Windsor and White River Jct., **VT**, 802-291-7000

Twin Pines Housing, Lebanon, W. Lebanon, Enfield, Hanover, 603-542-6411

Preserve Our Affordable Housing (POAH) Communities, Claremont, 603-542-2976